# OCTOBER

## SD62 CHILD CARE NEWSLETTER

**Board-Operated Before and After School Childcare**

October 2026




## WELCOME

Fall is here, and what a wonderful time of year it is! Our before and after school childcare programs are underway, and the school year is off to a positive start. Thank you to our dedicated staff for their continued commitment and hard work. The Childcare Department would also like to welcome Monique Paulson to our team. Monique is our new District Childcare Coordinator and Clerk. We look forward to a successful and enjoyable school year ahead.

**THANKS FOR BEING PART OF OUR JOURNEY!**

## FALL HIGHLIGHTS

### New Spaces

We opened 24 new before and after school childcare spaces at Sooke Elementary.

### Grand Opening

Sooke School District has opened its newest childcare centre on the grounds at Hans Helgeson Elementary. The centre is operated by the YM/YWCA of Vancouver Island.

### Childcare Pro-D

We held our first professional development session for the childcare staff working in our board-operated childcare sites.

## IMPORTANT DATES

- **Nov 8** — Indigenous Veterans Day; Dawali
- **Nov 20** — National Children's Day
- **Nov 11** — Remembrance Day; No School
- **Nov 26** — Early Dismissal
- **Nov 13** — World Kindness Day
- **Nov 27** — Professional Development Day; No School

## THIRTEEN MOON CALENDAR

**WESELANEW** - (Oct-Nov)
Moon of the shaker leaves

**SJELCASEN** - (Nov-Dec)
Moon of putting your paddle away in the bush



## QUOTE OF THE MONTH

"Children may forget what you said, but they will never forget how you made them feel."

-Carl W. Buehner




Ruth King


Sangster


Savory

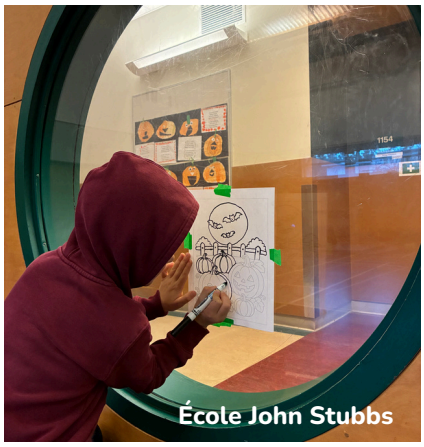
“A Closer Look”

## BC Early Learning Framework

Play is integral to well-being and learning

Play is essential to children’s learning and development. The BC Early Learning Framework recognizes play as a meaningful way for children to explore, discover, create, build relationships, and make sense of the world around them. Through play children develop social, emotional, physical, and cognitive skills while expressing their ideas, curiosity, and creativity. Educators support learning by providing safe, engaging environments and following children’s interests, recognizing that children are capable, curious, and active participants in their own learning


École Poirier


École John Stubbs

## Childcare Professional Development

We held our first childcare professional days on October 16th for the Sooke area sites and October 19th for the Westshore sites. They were a wonderful opportunity for staff to come together, share their favourite activities, collaborate, and ask questions. It was a valuable time to exchange ideas, learn from one another, and gather inspiration to bring back into their practice. Thank you everyone for coming together. We appreciate your time, enthusiasm, and commitment to the children and families in your programs

## Community Resources

**“Supporting Your Picky Eater”**
Free 1.5 - hour virtual session designed for parents/caregivers of children age 1-6. Offered monthly. Please visit Island Health Public Health Nutrition page

**“Nourishing with Care: Trauma-Informed Nutrition for Early Childhood”**
December 3, 2026, 6:00-8:00pm free online session. Visit Sooke Family Resource Society webpage for registration


Sooke