



+1 (250) 478-5535



cml@sd62.bc.ca



centremountainlellum.web.sd62.bc.ca



Centre Mountain Lellum Athletics Information and Permissions

SEASONS OF PLAY

FALL - September–October	WINTER - October–March	SPRING - April–June
• Cross Country • Ultimate Frisbee • Touch Rugby • Co-ed 7v7 Soccer	• Basketball • Tripleball / Volleyball	• Badminton • Rugby • Field Hockey • Track & Field

Athletic Fee: The annual athletics fee is \$40 and is paid once per school year, even if a student participates in multiple sports. Families can pay online through SD62 School Cash Online. Please contact the office if financial support is needed.

Participation: Students need parent/guardian permission before participating. Athletes are expected to maintain satisfactory academics and behaviour, attend practices and games consistently, and be willing to learn and be coached.

Teams: Centre Mountain Lellum Athletics offers Competitive and Recreational divisions. Team organization and placement depend on participant numbers, available coaches, skill level, grade, and player availability/commitment. Our goal is to provide meaningful opportunities for students to participate.

Games & Practices: In general, most practices run from 2:45–4:00 p.m. and most games run from approximately 3:45–5:15 p.m., although times vary by sport and location. If an athlete must miss a practice or game, they should communicate with their coach as early as possible.

Transportation: Transportation to and from practices, games, and athletic events is the responsibility of the athlete's parent/guardian. Families should make safe transportation arrangements before each event.

Uniforms: Centre Mountain Lellum jerseys/uniforms must be cared for and returned promptly at the end of the season. The existing package identifies a \$50 replacement charge for a lost or ruined uniform.

Expectations: Athletes represent themselves, their families, teammates, and Centre Mountain Lellum. Respect for coaches, officials, opponents, volunteers, and teammates is expected at all times. Play hard, show sportsmanship, and win or lose with dignity.

You can find athletics information on the Centre Mountain Lellum website, Hibernation Station, the televisions around the school, and the Athletics Board across from the gym.

Detailed athlete and spectator expectations, sport rules, schedules, league information, and other athletics information can be found on LIMSSA: lowerislandschoolsports.ca/middle-schools/

Questions? Contact Cheymus McNulty, Athletic Director: cmcnulty@sd62.bc.ca



+1 (250) 478-5535



cml@sd62.bc.ca



centremountainlellum.web.sd62.bc.ca



ANNUAL PERMISSION FORM

This form provides permission for the student named below to participate in Centre Mountain Lellum school-sponsored athletics during the 2026–27 school year. Please complete and return this form and the \$40 annual athletics fee before the student's first game.

ATHLETE INFORMATION

Student Name: _____	Division / Teacher: _____
Birthdate: _____	BC Health / PHN: _____
Parent / Guardian Name: _____	Primary Phone: _____
Alternate Phone: _____	Email: _____

Does the athlete have any medical condition, allergy, injury, or other concern relevant to safe participation? YES / NO

If YES, please describe: _____

PARENT/GUARDIAN & ATHLETE AGREEMENT

1. I give permission for the student named above to participate in Centre Mountain Lellum inter-school athletics and confirm that I know of no medical reason that would prohibit participation, except as disclosed above.
2. The athlete and parent/guardian agree to follow Centre Mountain Lellum athlete and spectator expectations, team expectations, and applicable league/association rules. Full athletics information is available on the Centre Mountain Lellum website.
3. I understand that transportation to and from athletic events is the responsibility of the parent/guardian. Parents/guardians are responsible for arranging safe and appropriate transportation when they cannot drive their own child.
4. I understand that participation in athletics involves inherent risks and that accidents or injuries may occur as a result of the nature of the activity.

Parent/Guardian Signature: _____	Date: _____
Athlete Signature: _____	Date: _____

ATHLETIC FEE

☐ Cash enclosed ☐ Cheque enclosed (payable to SD62) ☐ Paid through SD62 School Cash Online